
SPELL and ABC, What it means to me

*Joe Powell,
Chief Executive,
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Joe a Brief Overview

- Diagnosed with Autism in 1996.
- Selective Mute/ Trauma.
- Autism Care Services Manchester (1997 – 2002).
- Autism Care Services Newport (2002 – 2008).
- Fight to leave the care system.
- Different approach – Degree and appointed Chief Executive of All Wales People First.



SPELL

Putting the Humanity in
Human Services

SPELL In Care, my experience

- Structure (one size fits all).
- Positivity (yes and no - service user vs public speaking).
- Empathy (they didn't know who I was).
- Links (care services, day centre or social services).
- Low Arousal (highly charged atmosphere/ being placed in situations that were causing me harm).

SPELL Organically happening



- Structure flexible routines – Autism/ ADHD.
- Positivity – I am validated in work (purpose).
- Empathy – Cultural understanding and lack of understanding of autism going in my favour.
- Low Arousal – I pick and choose what I do (within reason).
- Links – At work I have employment rights, Union support, Reasonable adjustments, and access to everyday people.

Horse to Water



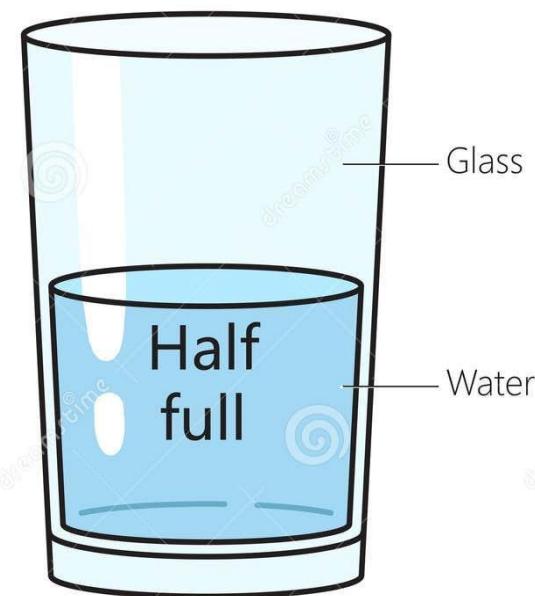
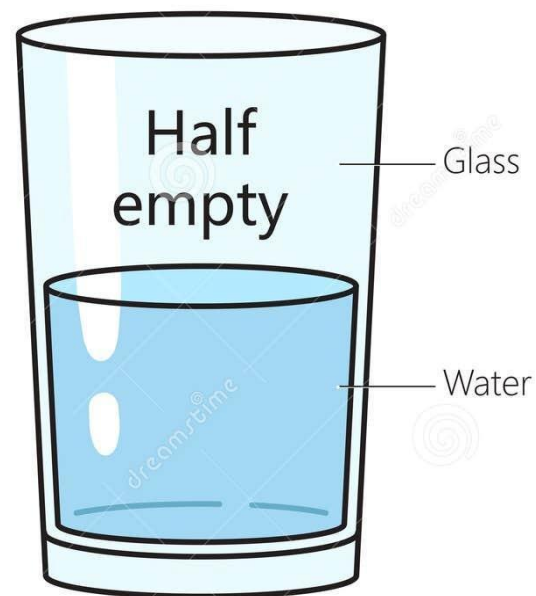
ABC (Acceptance, Belonging Connection).

- Network Facilitator
(Individualised Budget).
- Bernard Pearson.
- Yvonne Boxall.
- Life Experience.
- All Wales People First
(members).



Gift Centred vs Deficit Centred

**Service/
Institutional
Approach**



My current life

Thank You for Listening