



AT-Autism

Courses

# Overview

**AT-Autism** offers training and consultancy in all aspects of neurodiversity, including autism.

Our breadth of experience means that we are able to deliver solutions tailored to your particular circumstance.

We guarantee our work through the expertise, reputation and experience of our Associates.

AT-Autism's training is built around a number of key principles:

- Training will be provided by experts in their fields.
- Autistic people are a vital component of our team and are key Associates in the delivery of training and other services.
- Our training reflects ethical values, best practice and the latest evidence.
- Our courses are CPD accredited.
- Our training is adapted to local needs and to the cultural context.
- We look to build local expertise and capacity through a 'train the trainer' model.
- We promise to be supportive and responsive at all times.
- We aim to make training enjoyable and interactive.

One of the AT-Autism team would be happy to discuss your training requirements.

For further information please email [info@atautism.org](mailto:info@atautism.org)

Our current CPD approved courses are listed opposite.

# Our Courses

Below is a list of courses that are approved by the CPD service:

- **The Synergy programme** was developed with the Laskaridis Foundation in Greece. The unique focus of Synergy is on the mindset of the worker, the narrative around behaviours of concern and in reducing stress. The model is designed to boost and maintain skills locally through a mentor network.
- **Health and social care professionals:** We have a number of courses for Health Authorities and Local Authorities to meet their statutory obligations regarding autism training for their staff. One-day courses are delivered at intermediate and advanced levels. Further 'training the trainer' courses are available so that an Authority's own staff can deliver such training in-house.
- **Approved Mental Health Professionals (AMHP):** Workshop on understanding and responding to autism. A course for AMHPs to provide them with an overview on autism, co-occurring mental health conditions and how the relevant legislation affects practice.
- **Working effectively with families:** A course for professionals to understand the family journey and build positive relationships.
- **Training the police:** A series of short intensive training modules for police officers, probation officers, prisons personnel, lawyers, judges and other staff involved in justice, reflecting the different scenarios likely to be encountered in all parts of the CJS. Developed with the police and justice agencies - including autistic officers.
- **Sexuality and relationship:** A two-day course 'Safe, Healthy, Happy' covering autism, sexuality and relationships.
- **Clinical practice in autism:** Identification, diagnosis and support. This course is for healthcare professionals to receive an update on our current clinical knowledge of autism.
- **SPELL:** A framework for understanding and responding to autism developed with the Tizard University of Kent and Pavillion Publishing.

Other courses are available on request and we are happy to work with you to design a bespoke course that directly meets your requirements. Details on all our courses can be found on our website: [www.atautism.org](http://www.atautism.org)

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The trainers had such a wealth of experience and could link what they taught to their own research”

“It has really made me think about autism but also made me reflect on my practice in other specialist areas that are challenging”

“I’ll be able to put some of the techniques I learnt into immediate effect with some of my current caseload”

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